



# المدرسة الهندية - مسقط

## INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب : ٢٤٧٠ ، روي، الرمز البريدي : ١١٢، سلطنة عمان، هاتف : ٢٤٧٠ ٢٥٦٧، ٢٤٧٨٤ ٠٥٥، ٢٤٧٨٤ ٠٦٩، ٢٤٧٨٤ ٠٩٧ - فاكس : ٢٤٧٩٤٩١٩  
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567 - Fax : 24794919  
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ISM/PRN/047/2024-25

May 19, 2025

### CIRCULAR TO PARENTS OF CLASSES I TO XII SCHOOL SWIMMING TEAM SELECTION

Dear Student,  
Greetings from Indian School Muscat!

We are pleased to inform you that the selection of Swimming school team for the upcoming CBSE Inter School Oman Cluster competition will be conducted at the Royal Hospital Swimming pool, Bousher on **Saturday, May 24, 2025** from **7:00 a.m. to 2:00 pm**.

All the participants are requested to submit a consent letter and fill in the google form before the selections. <https://forms.gle/JHTcus8m14tZQUXt5>

Students will not be allowed to participate if they fail to attach the consent letter duly signed by their parents. All the students are expected to report to the venue on the event day. The **last date of the registration is 23<sup>rd</sup> May 2025**.

Detailed schedule is given below

UNDER 11 (1.1.2015 to 1.1.2020)	UNDER 14 (1.1.2012)	UNDER 17 (1.1.2009)	UNDER 19 (1.1.2007)	TIME
50M F S	50M F S	50M F S	50M F S	7:00 am to 9:00 am
100M F S	100M F S	100M F S	100M F S	
-----	200M F S	200M F S	200M F S	
-----	-----	400M F S	400M F S	
-----	-----	800M F S	800M F S(GIRLS)	
-----	-----	-----	1500M F S(BOYS)	
50M BK S	50M BK S	50M BK S	50M BK S	9.15 am to 10.45 am
-----	100M BK S	100M BK S	100M BK S	
-----	-----	200M BK S	200M BK S	
50M BT S	50M BT S	50M BT S	50 M BT S	
-----	100M BT S	100M BT S	100M BT S	
-----	-----	200M BT S	200M BT S	
50M B Fly	50M B Fly	50M B Fly	50M B Fly	11:00 am to 2:00 pm
-----	100M B Fly	100M B Fly	100M B Fly	
-----	-----	200M B Fly	200M B Fly	
200M IM	200M IM	200M IM	200M IM	
-----	-----	-----	400M IM	





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For more details you may contact Mr. Harikrishna Pillai, HoD, Physical Education at [hodpe.senior@ismoman.com](mailto:hodpe.senior@ismoman.com)

Kindly note the Points:

- All the participants are requested to use proper swimming costumes.
- Hydrate adequately since the climate is hot and humid.
- Don't eat a lot food before the competition.
- Don't use the pool without the permission of the teachers.
- Don't play in and around the swimming pool.
- Diving and other activities are not permitted.
- Only competitors are allowed inside the swimming pool.
- This is the selection trials and the best timing will be selected for the school teams.
- All the timing and students' performance will be displayed on the notice boards once the competition is over.
- Parents are requested to make the necessary transport arrangements to drop their children at the venue and pick them up after the event.

Kind regards,



Rakesh Joshi  
Principal

### CONSENT LETTER FOR ISM SWIMMING SCHOOL TEAM SELECTION

I, \_\_\_\_\_, parent of Master/Miss \_\_\_\_\_  
of Class \_\_\_\_\_ Sec \_\_\_\_\_, hereby give my consent for my ward's participation in the  
school swimming team selections at the Royal Hospital Swimming Pool on 24th May 2025,  
from 7:00 a.m. to 2:00 p.m. I also declare that he/she has no physical illness that would prevent  
participation in this event.

Signature of the Parent with date: \_\_\_\_\_ Contact \_\_\_\_\_

